

North Mecklenburg High School IB

CAS Project Description

Purpose: “to ensure participation in **sustained collaboration**” and “to challenge students to show **initiative**, demonstrate **perseverance**, and develop skills such as those of **cooperation**, **problem-solving**, and **decision-making**.”

Requirements

The project must ...

- ✓ Include one or more of the CAS strands (Creativity, Action, or Service).
- ✓ Take place in over a **minimum of one month** (from planning to completion).
- ✓ Be proposed and approved by the CAS coordinator and the Principal.
- ✓ Be supervised or advised by someone other than a parent.
- ✓ Have a defined purpose & specific goal
- ✓ Include a final reflection by each individual member.
- ✓ Include contributions by all members, and those contributions must be relevant to the purpose and goals.
- ✓ Be sustained by all members. There can be no dropping out.

CAS Stages

Investigation: Identify interests, skills, and talents then determine what you want to do and the purpose of the activity.

Preparation: Propose your project and gain approvals. Assign roles and responsibilities and develop a plan; create a timeline including resources needed to carry out project.

Action: Implement plan; all members carry out their roles.

Reflection: Think about: What did you learn? How did you grow? Which learning outcomes were addressed?

Demonstration: Share your experience and what you learned through this project.

Questions to Consider

- ✓ Does it fit into one or more of the CAS strands?
- ✓ Is it based on personal interest, skill, talent or opportunity for growth?
- ✓ Does it provide opportunities for challenge and growth ... for all people involved?
- ✓ Does it provide opportunities to develop the attributes of the IB learner profile?
*Inquirers Knowledgeable Thinkers Communicators Principled Open-Minded Caring
Risk-Takers Balanced Reflective*
- ✓ Does it support the IBO mission statement?

