\’

North Meck’s volunteer service webpage

***nmhsoutreach.weebly.com***

* Find up-to-date list of events and opportunities
* Find documents and forms
* Find Service & Action Project requirements

**For Reminders/Announcements, join the IB Remind:**

Class of 2021 – Enter 81010; Text this message: @872bk7

Class of 2022 – Enter 81010; Text this message: @bg943f

## **S & A in Grades 9-10**

Service & Action is an integral part of the IB Middle Years Program at North Meck. During your years in IB, we hope you’ll discover *your place* in our school and in the community around us.

**Your commitment to S & A is this:**

**9th Grade: 3 Projects or Activities**

**10th Grade: 4 Projects or Activities**

* S & A activities can be undertaken as an individual or as a group.
* The quality of the activity is more important than the number of hours devoted to it. You decide what makes it count.
* An adult (not a parent) must supervise each project or activity.

## If you believe in something, you must not just think or talk or write, but must act. -International Baccalaureate

**What can I do?**

**Questions?**

**Harriet Regen, IB Coordinator**

*harriet.regen@cms.k12.nc.us*

**Amy Pasko, S & A Supervisor**

*Amye.strong@cms.k12.nc.us*

**Raina Cook, S & A Supervisor**

*rainal.cook@cms.k12.nc.us*

## The aim of all IB programs

## is to develop

## internationally minded people who, recognizing their common humanity and shared guardianship

## of the planet,

## help to create a better and more peaceful world.

## https://lh3.googleusercontent.com/ht_2-Ehu1gjTFArdKu6G_NNdUVHSRUyusVxq2KdobpRCg0hhXhhgkxP5ygoAU942x0pL82xO4moTTfqlkO5e_mMTCn6Caepig3RR2-HL6qJmY5sSefwAvBMNQ4YOd4xTBdC5_Ro-i1TjGOhE4w

volunteer at the public library … get involved in a theatre production … paint a mural ... serve meals in a soup kitchen … read to the elderly… help coach a team … be a translator … assist in afterschool care … tutor … plant trees … raise awareness for a cause … organize a clean-up effort …manage a website … collect food or blankets … Get out there and ACT!

**Service & Action** http://cdn4.sportngin.com/attachments/photo/4628/3480/Viking\_Logo.pnghttp://cdn4.sportngin.com/attachments/photo/4628/3480/Viking\_Logo.png

**North Mecklenburg High School**

North Meck Outreach

**IB Middle Years Program**

## The 7 Learning Outcomes

## These are the goals of S & A Activities. Plan projects with these in mind, and write about them in your reflection.

**North Carolina Student Hunger Drive**

This event takes place in the winter & helps raise awareness and collect food for those in need

**Caterpillar Ministries & Amigos**

Help make a difference in a child’s life by tutoring weekly at Blythe or Huntersville Elementary

**Pasta for Pennies**

Help raise awareness and money for the leukemia and lymphoma society

**Angels of ‘97**

Support the events and fundraising efforts to honor North Meck’s own

**NMHS Interact Club**

Join this community service and entrepreneurship club which meets bi-monthly

**Hands on Charlotte**

Looking for service opportunities all over the Charlotte area?

*www.handsoncharlotte.org*

**Reading Buddies & Tutors**

Share your time with younger students at JMA or other neighboring schools

***See the VIKING OUTREACH website for current list of opportunities!***

**How many? How much?**

The IB no longer counts hours. Instead, students should choose **meaningful, quality experiences** for their S & A activities. “Projects” aren’t like typical school projects. They may be single experiences or an extended series of events.

**Just a Few**

**NMHS Outreach Opportunities**

**1: Identify own strengths and develop areas for growth:** Students are able to see themselves as individuals with various abilities and skills, of which some are more developed than others.

**2: Demonstrate that challenges have been undertaken, developing new skills in the process:** A new challenge may be an unfamiliar experience or an extension of an existing one. The newly acquired or developed skills may be shown through experiences that the student has not previously undertaken or through increased expertise in an established area.

**3: Demonstrate how to initiate and plan a CAS experience:** Students can articulate the stages from conceiving an idea to executing a plan for a CAS experience or series of CAS experiences. This may be accomplished in collaboration with other participants. Students may show their knowledge and awareness by building on a previous experience, or by launching a new idea or process.

**4: Show commitment to and perseverance in CAS experiences:** Students demonstrate regular involvement and active engagement in CAS.

**5: Demonstrate the skills and recognize the benefits of working collaboratively:**

Students are able to identify, demonstrate and critically discuss the benefits and challenges of collaboration gained through CAS experiences.

**6: Demonstrate engagement with issues of global significance:** Students are able to identify and demonstrate their understanding of global issues, make responsible decisions, and take appropriate action in response to the issue either locally, nationally or internationally.

**7: Recognize and consider the ethics of choices and actions:** Students show awareness of the consequences of choices and actions in planning and carrying out CAS experiences.

FAQs About Service & Action

What “counts” as an S & A activity? You decide. It should be meaningful to you and substantial enough that you can call it a “project.” An hour or two standing at a race finish line or setting up chairs for an event probably isn’t a “project.” But fully taking part in an event—or in multiple events with the same organization—that may be a project!

Can a sport be a project? Yes, and so can a club, but you can only record one of each. You must be committed to the sport or club for the season or the year. Attendance at one or two meetings isn’t a project. You must record dates on your reflection form to show commitment over time!

Do I have to have a supervisor sign off? Absolutely. This cannot be a parent or family member, unless they’re in an “official” role with an organization. Cutting your neighbor’s grass or babysitting for a mom down the street isn’t a project because you don’t have a supervisor, nor are you connected to a group or organization.

Can I work with my church or another group I’m already part of? Yes. The goal, though, is for you to reach out into broader communities and to be open minded. For example, if your church runs a meals program out in the community, you could be a regular volunteer. Helping in a worship service would not reflect Service & Action, though. Think outreach.

 Pace yourself and plan ahead. You are to complete one project or activity per quarter. (While only 3 projects are required for 9th grade, we encourage you to go for 4!

 Before your activity, print out the signature page. Take that sheet with you, and have your supervisor sign it.

 Signature pages are required for each project. Scan or take picture and upload when you’re ready to write the reflection.

 Go to the **Viking** **Outreach** website to record and reflect your project once it’s completed. Click on the *MYP Information* tab to find the link to the form.

Reflection can occur before, during, and after activities and experiences—and can occur in many forms!

Do more than describe: **How is/was this experience meaningful? What were the outcomes for me and for others? How can I apply this experience more widely in my life?**

Read the **7 Outcomes for Service & Action**. Which ones apply to your project?

Reflection should be honest and thoughtful. You are to write at least 2 good paragraphs.

## Recording and Reporting

## Reflection